

TRÄNINGSTATISTIK



Utskriftsdatum

Tid

2003-08-26

08.34

Serie 1

Serie 2

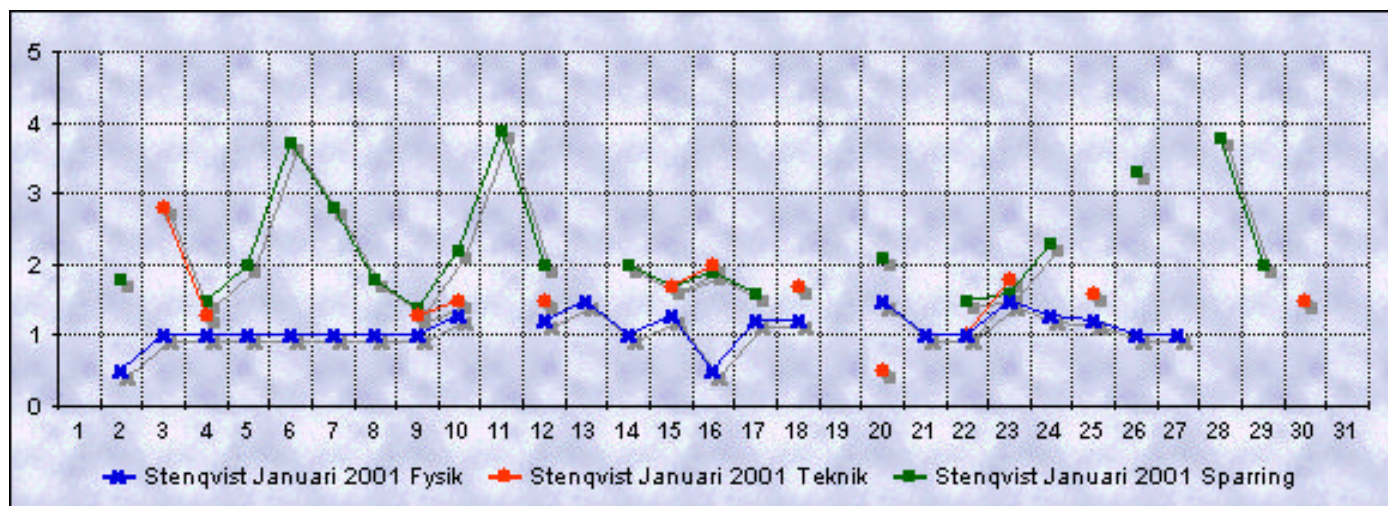
Serie 3

Stenqvist Januari 2001 Fysik

Stenqvist Januari 2001 Teknik

Stenqvist Januari 2001 Sparring

MÅNADSTRÄNING FÖRDELAD PÅ DAG



DIAGRAMDATA

Stenqvist Januari 2001 Fysik

[1: 0] [2: 5] [3: 1] [4: 1] [5: 1] [6: 1] [7: 1] [8: 1] [9: 1] [10: 1,3] [11: 0] [12: 1,2] [13: 1,5] [14: 1] [15: 1,3] [16: 5] [17: 1,2] [18: 1,2] [19: 0] [20: 1,5] [21: 1] [22: 1] [23: 1,5] [24: 1,3] [25: 1,2] [26: 1] [27: 1] [28: 0] [29: 0] [30: 0] [31: 0] [32:] [33:] [34:] [35:] [36:] [37:] [38:] [39:] [40:] [41:] [42:] [43:] [44:] [45:] [46:] [47:] [48:] [49:] [50:] [51:] [52:]

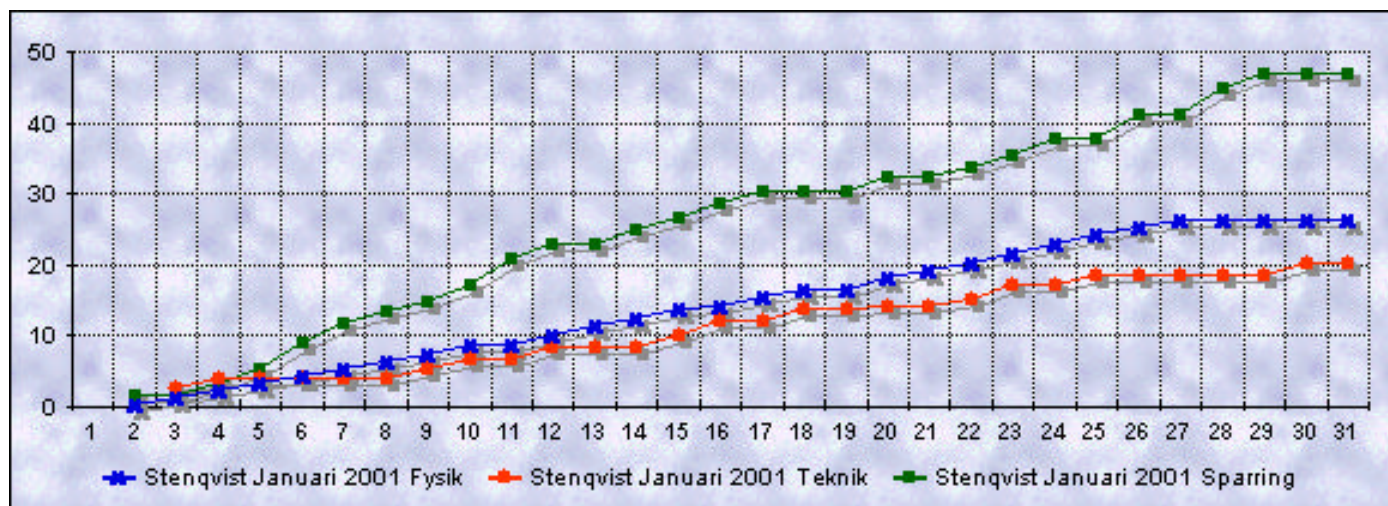
Stenqvist Januari 2001 Teknik

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Stenqvist Januari 2001 Sparring

[1: 0] [2: 1,8] [3: 0] [4: 1,5] [5: 2] [6: 3,7] [7: 2,8] [8: 1,8] [9: 1,4] [10: 2,2] [11: 3,9] [12: 2] [13: 0] [14: 2] [15: 1,7] [16: 1,9] [17: 1,6] [18: 0] [19: 0] [20: 2,1] [21: 0] [22: 1,5] [23: 1,6] [24: 2,3] [25: 0] [26: 3,3] [27: 0] [28: 3,8] [29: 2] [30: 0] [31: 0] [32:] [33:] [34:] [35:] [36:] [37:] [38:] [39:] [40:] [41:] [42:] [43:] [44:] [45:] [46:] [47:] [48:] [49:] [50:] [51:] [52:]

ACKUMULERAD MÅNADSTRÄNING FÖRDELAD PÅ DAG



Stenqvist Januari 2001 **26,2 tim**

Stenqvist Januari 2001 **20,2 tim**

Stenqvist Januari 2001 **46,9 tim**